

Tytuł przedmiotu:	Sustainable Food Systems	
Kierunek:	Żywnienie Człowieka i Ocena Żywności	
Tryb studiów:	stacjonarne	
Stopień studiów:	magisterskie	
Rok studiów:	2	
Semestr:	letni	
Ćwiczenia - grupa 1		
Dzień tygodnia:	czwartek	
Godziny:	12-14	
Sala:	1094	
Numer ćwiczeń	Data	Temat ćwiczeń
1	05.03.2026	Sustainable Food Systems - introduction. Intro to project tasks.
2	12.03.2026	Sustainable Development Goals in Food Systems.
3	19.03.2026	Sustainable food systems - elements and concepts.
4	26.03.2026	Environmental footprint of food and diets.
5	02.04.2026	Planetary health diet in the context of human health and environment.
6	09.04.2026	Alternative food production systems in the context of food quality, safety, sustainability and health.
7	16.04.2026	Food waste and food loss in food systems.
8	23.04.2026	A recipe for a sustainable meal.
9	30.04.2026	Green cities and urban farming – sustainable way to feed the world?
10	07.05.2026	Circular economy in food systems. Side streams.
11	14.05.2026	Protein diversification vs. food system sustainability.
12	21.05.2026	“Rich Picture” as a working tool. Teamwork - “Rich Picture” in practice.
13	28.05.2026	Teamwork on project presentations.
14	11.06.2026	Project presentations.
15	18.06.2026	Governance for shaping food environments and consumer behaviour. Final test.
Ćwiczenia - grupa 2		
Dzień tygodnia:	czwartek	
Godziny:	14-16	
Sala:	1094	
Numer ćwiczeń	Data	Temat ćwiczeń

1	05.03.2026	Sustainable Food Systems - introduction. Intro to project tasks.
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